

WALK A MILE IN MY BOOTS

DIY braided shoelace bracelet craft



1

All you need for this craft is a single shoelace - bright orange is best!



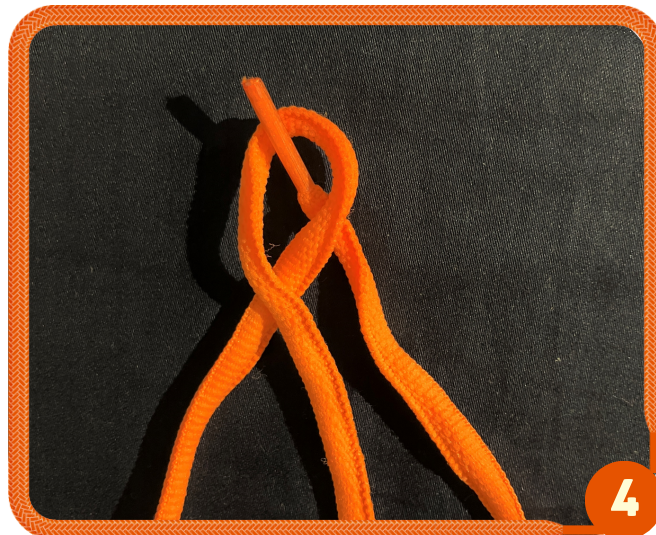
2

Fold the shoelace into three even strands.



3

Make a small loop by crossing over the two joined strands, leaving the strand with the shoelace end out.



4

Poke the remaining strand with the shoelace end through the back of the loop, with the end sticking out from the loop.



Bring the strand with the shoelace end into the middle of the other two strands.



Bring the outer left strand into the middle, then bring the outer right strand into the middle. Repeat - and that's how to braid a shoelace!



Keep braiding all the way down the shoelace, tightening sections as you go if needed. Untangle the unbraided end as you go.



Stop braiding when you have ran out of shoelace, and push the shoelace end through the middle loop (same as you did in Step 3).



9

Twist the looped piece of shoelace around the end strand, and then pull it tight so that it forms a knot.



10

Repeat this knot on the other end of your braid, so that the ends can't come loose.



11

Gently wrap the braided shoelace around your wrist and cross the ends over to tie a simple knot. Or ask a friend to help, this can be a bit fiddly!



12

Your bracelet will look something like this - or you can get creative and come up with your own knots and tie a bow if your shoelace is long enough.



Well done! You have finished making your own Walk a Mile in My Boots braided shoelace bracelet! Wear it while you walk, to show support for people doing it tough.



If you have more shoelaces, try making more braided bracelets to layer them, or to share with friends and family. Use different coloured shoelaces for fun.



Or, try out the braided shoelace as an anklet, and wear it with your favourite pair of boots.

Why not wear your bracelet during Walk a Mile in My Boots challenge week? Challenge week is from 6 -11 August, and is held the same week as National Homelessness Week.

Hutt St Centre

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